Family Engagement and Relationships Classes

June, July, & August 2025

All classes are virtual unless noted.



### **Everyday Parenting**

### Raising Wisconsin's Children

Join free parenting classes each month! These classes offer practical, research-based ideas to support your parenting and help children grow. Topics include screens and media plans, talking about scary issues, and child led play.

June 19, July 17, August 21 | 1 PM

#### **Focus on Fathers**

Hey dads! Your role matters! Join us for discussions on parenting, family life and how to handle modern challenges. A space for dads to support each other.

June 10, July 8, August 12 | 6 PM

# VISIT OUR CLASS CALENDAR TO SIGN UP



USE THE QR CODE OR THE LINK BELOW TO SIGN UP!

https://parenting.extension .wisc.edu/class-calendar

To make sure everyone has a great experience, we limit the number of spots in our classes.

Registration is required.





## Family Transitions

### **Resilient Co-Parenting**

Join us for ongoing support for your coparenting journey. Topics include healthy coping during transitions and healthy boundaries.

June 5, August 7 | 7:00 PM

### **Parents Forever**

Learn how to lessen the impact of divorce on children, co-parent without conflict, and improve self-care to foster resilience.

June 10, 17, 23 | July 10 | August 8, 13, 23, 30 Times vary

### **Strong Couples**

Six self-paced online modules and five coaching calls that teach you skills to improve your romantic relationship. Free and backed by research!

Visit: <u>parenting.extension.wisc.edu/strong-couples</u>