



FINANCIAL COACHING- Take the First Step

Your financial future starts today!

Start here and now with Financial Coaching
It's free, it's confidential, and it works!



Do you want
to lower your
financial stress?

Do you want
to feel more in
control of your
money?

Do you want
more money in
the bank for a
rainy day?

Do you have
financial goals
but trouble
sticking with 'the
plan'?

WHAT IS FINANCIAL COACHING?

Financial coaching is all about helping you reach your personal financial goals:

You can work on making and sticking to a budget, fixing your credit, paying off bills, increasing savings, or on a goal that's important to you.

You check-in with your coach on your progress once a month for about 6 months. You and your coach together figure out the best way to keep in touch, either through in-person meetings (post COVID-19), phone calls, Zooms, or e-mail.

You pick the goal and you set the pace to reach that goal. Some people meet their goal and finish earlier than 6 months, and others set new goals and continue with coaching.

A financial coach provides encouragement and that extra nudge to get going—and keep going.



For more information or
make an appointment:
[https://forms.gle/
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For any questions contact:

Kimberly Clark

Human Development and
Relationships Educator Fond
du Lac County Extension
920-929-3179
kimberly.clark@wisc.edu



Extension
UNIVERSITY OF WISCONSIN-MADISON

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