

EXTENSION FOND DU LAC COUNTY SEPTEMBER 2022 HIGHLIGHTS



Extension
UNIVERSITY OF WISCONSIN-MADISON
FOND DU LAC COUNTY

HUMAN DEVELOPMENT AND RELATIONSHIPS



*The Extension Institute of **Human Development & Relationships** provides the tools Wisconsinites need to thrive as well-rounded, capable individuals and families. We support families in caring for each other in ways that promote growth and understanding. Our programs promote aging-friendly communities, coach effective parents and help families put technology, mindfulness and financial awareness to use.*

Amy Mangan-Fischer, Human Development & Relationships Educator

- An in-person 6-hour course, for incarcerated men at the Fond du Lac County Jail, where participants learn how to find and apply for rental housing, understand their responsibilities as a renter, how to communicate effectively with their landlords, and manage housing expenses. Through this, the men will be able to increase their ability to find and keep safe affordable housing in the future, thereby increasing their stability and decreasing their reliance on public supports.
- An in-person 6-hour course, for women with addiction who are currently living in transitional housing, where participants learn how to find and apply for rental housing, understand their responsibilities as a renter, how to communicate effectively with their landlords, and manage housing expenses. Through this, the women will be able to increase their ability to find and keep safe affordable housing in the future, thereby increasing their stability and decreasing their reliance on public supports.
- Planning for an educational program for parents where parents will learn about the importance of starting to save money for college early and strategies on how to start.
- Planning for an in-person presentation for Moraine Park Technical College students in collaboration with the Moraine Park Technical College Student Involvement Specialist. The goal of this effort is to provide students with information, resources and tools, so that they can increase their awareness of their spending, develop a spending plan, and save to meet their financial goals.

SUPPORTING AGRICULTURE PROFESSIONALS



If it happens on a farm or in a field, the Extension Institute of Agriculture works with you to achieve better results. Our innovative dairy management programs range from genetics to farm and business management. Extension researchers work hand-in-hand with row crop, forage and fresh produce growers to provide best practices for every aspect of the growing phase. We also advise communities on using sustainable practices to create inviting spaces free from invasive species.

Dairy & Livestock

Tina Kohlman, Regional Dairy Agent

- Planning for a bilingual dairy workers newsletter for on-farm dairy employees in collaboration with Language Access and Office of Access, Inclusion, and Compliance. The goal of this effort is provide a dairy resource to an underserved audience in order for them to gain new knowledge and best management practices to incorporate on the farm to help maintain and grow economic viability.
- Planning for bi-annual Midwest Manure Summit for farmers, managers, agronomists, engineers, nutrient management consultants, manure haulers, consultants, and other agri-business professionals. The goal of this effort is to teach individuals the latest, unbiased, university-based research on manure handling technologies, so that they can improve environmental sustainability and increase farm business viability.

Crops and Soils

Mike Ballweg, Regional Crops and Soils Agent

- A Soil Health Field Day where farmers, industry agronomists and agency personnel learned about: planting green into rye, the benefits of low disturbance manure applications, and water mold root disease management of soybean. The goal is to help farmers and the industry agronomists explore and implement cropping strategies that improve soil and crop health.
- One-on-one consultations with farmers from Sheboygan, Fond Du Lac, Washington and Ozaukee Counties where farmers learned about: weed control in soybeans and winter wheat, prairie establishment, organic farming and certification, rye cover crop establishment and termination, land rental prices within the region, seed germination testing and soil carbon crediting. Better understanding of these agronomic topics result in greater farm profits and enhanced environmental stewardship.
- Participated in a soybean phytophthora root rot population survey across the region to help assess for the occurrences of new races of the water mold diseases in soybean. Significant rainfall events in recent years may have resulted in soybean varieties that are no longer resistant to root diseases, and results from this study will help plant breeders develop improved soybean varieties with greater resistance to soybean root disease.

FOOD SECURITY, HEALTHY EATING, AND HEALTHY LIVING



FoodWise advances healthy eating habits, active lifestyles and healthy community environments for families with limited incomes through nutrition education at the individual, community and systems levels. *FoodWise* reaches individuals and families through local community partners by providing nutrition classes in-person and virtually, indirect education (newsletters, etc.), and social media/marketing. *FoodWise* is an obesity prevention program that addresses policy, system and environmental changes through local and state public health efforts.

FoodWise is federally funded by the Supplemental Nutrition Assistance Program-Education (SNAP-Ed) and the Expanded Food and Nutrition Education Program (EFNEP).

Health & Well-Being works to catalyze positive change in Wisconsin families through evidence-based programs focused on nutrition, food security and safety, chronic disease prevention, mental health promotion, prevention of substance abuse and health insurance literacy. Local health coalitions efforts are supported by coalition capacity building tools and health equity frameworks. Rooted in both urban and rural communities, we're working together to help solve the state's most pressing well-being needs and to ensure that all Wisconsinites live stronger, healthier lives.

Amanda Miller, FoodWise Coordinator, Health & Well-Being Educator

- Preparing a presentation on chronic disease prevention on behalf of the Healthy Fond du Lac County Steering Committee. This 3-part presentation (chronic disease, mental health, and substance use/abuse) is intended to raise awareness of the current health priorities identified by the recent community health assessment and to get more community involvement in addressing them.
- Coordinating the FDL Fresh 5 farmers market donation program. This program brings fresh, unpurchased produce to the local food pantries.
- Partnering with United HealthCare and Living Well FDL (chronic disease coalition) to distribute \$2000 in funds in Fond du Lac County. The funds are intended to address health inequities that exist in our local community.
- Establishing a relationship with Community Works, a new program in Fond du Lac County that provides emotional and social support for teens. *FoodWise* and Community Works are partnering together to offer food budgeting classes this fall.

YOUTH DEVELOPMENT



Positive Youth Development prepares the youth of today to become the effective, empathetic adults of tomorrow. Our research-based youth enrichment programs like teens in governance build youth and adult capacity and partnerships that help both sides grow. 4-H clubs, camps and after-school programs give young people the hands-on experiences they need to develop an understanding of themselves and the world.

4-H

Tracy Keifenheim, 4-H Program Educator

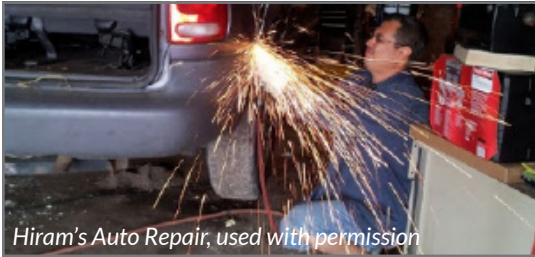
- A meeting for youth where they learned about LEGO building skills and participated in a LEGO Build Challenge. This effort is designed to encourage engineering, use of technology, and increase knowledge of LEGO building skills.
- Planning for a 4-H Fall Kick-Off meeting for 4-H Club officers in collaboration with adult volunteers. The goal of this effort is for the club officers to plan out the year and have youth voices so that youth-adult partnerships are strengthened.

Positive Youth Development

Ron Jakubisin, Positive Youth Development Educator

- Workshops every other Friday with incarcerated youth of Fond du Lac (12-17 year olds) increasing youth's knowledge and life-skill strategies concerning topics such as problem-solving skills, goal-setting, positive decision making, alcohol & vaping facts.
- Coordination and planning with schools and youth-serving agencies for the Fond du Lac County-wide 2023 Lemonade Day program that aims at empowering FDL's youth (4-6 grade) to become business-minded. The program/ curriculum focuses on youth becoming entrepreneurs and teaches business planning, budgeting, marketing, donating to county organizations and then youth implementing their business plan by opening their Lemonade Stand on May 6, 2023.
- Working in partnership with City of FDL government to recruit high school youth to participate in the newly formed Youth In Governance program in which teens join a City Commission/Board, participating in monthly meetings as part of a year-long experience to gain knowledge about local government and increase leadership skills.

COMMUNITY DEVELOPMENT



Community Development provides educational programming to assist leaders, communities, and organizations realize their fullest potential. We work with communities to build the vitality that enhances their quality of life and enriches the lives of their residents. We educate in leadership development, organizational development, food systems, community economic development, local government education and much more. In short, the Community Development Institute plants and cultivates the seeds for thriving communities and organizations.

Diana Hammer, Community Development Educator

- Black business owners are generally excluded from majority white business development settings and the social groups who provide access to important information, financing opportunities, and more contacts. By hosting this event, we fostered a setting where they could do these things together, hopefully maximizing the benefits by including people from two regions of the state would normally not interact due to the distance.
- Research Assistant Rajon Hall invited two Black business owners who did not previously know each other to join him in a podcast studio in Milwaukee for an interview. The purpose of this podcast was to provide a more holistic understanding of the African American entrepreneur in the state of Wisconsin. Specifically, we sought to gain in-depth understanding regarding challenges faced and overcome by Black business owners, while also providing success stories and strategies implemented along the way, that helped grow their access to business startup and growth resources. This podcast is also a platform for aspiring entrepreneurs, specifically, youth who can benefit from these real-life black business experiences. Entrepreneur Dasha Kelly Hamilton helped conceptualize and focus the podcast discussions and was reimbursed for her time. All podcast guests were also paid a stipend out of funding received for this effort from the Greater Milwaukee Foundation and two Dean's Innovation grants. <https://economicdevelopment.extension.wisc.edu/articles/in-our-words-episode-1/>

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