
*We teach, learn, lead and serve, connecting people with the University of Wisconsin,
and engaging with them in transforming lives and communities.*

Food Safety, Food Security & Health

- Pamela Nelson and Melanie Phillips have just finished teaching a 5-week program at the **Boys and Girls Club** at Chegwin Elementary School for 2nd grade students. Some of the topics were healthy snack choices, fruits and vegetables, physical activity, and whole grains. During the fruit and vegetable lesson, 13 students learned about the different ways fruits and vegetables are grown and sold. Benefits of eating fruits and vegetables were taught as well. We read a book about a Farmers Market; this was the first time they learned about a Farmers Market. They experienced a taste test of three different foods: a raw red pepper, jicama, and a fresh peach. The students commented about how they had peaches for lunch that day at school. We then had a discussion about different forms food can come in. This was the first time they had tried a fresh peach and they all liked it and stated that they would eat it again.
- Nelson and Phillips went into 13 **Head Start** classrooms reaching 204 students. The topic was “Trying New Foods”. Students were taught about different colored foods and were encouraged to be good taste testers. Students used their senses of sight, smell, taste and hearing to try sugar snap peas and jicama. Students were good taste testers and all the Head Start teachers will be encouraging their students to try new foods all school year. Parent newsletters were sent home giving parents tips on how to try new foods with their children.
- FoodWise taught its first session on food budgeting for the **St. Vincent de Paul’s “Getting Ahead” Program**, offered by Nelson. “Getting Ahead” is a 16-20 week program for families to build self-sufficiency through goal setting, peer support, and education.
- Amanda Miller is now a certified Technical Assistant with the [Go NAP SACC](#) program. Go NAP SACC (Nutrition and Physical Activity Self-Assessment for Child Care) is an online tool to help early care and education programs improve their nutrition and physical activity practices. A Technical Assistant is a ‘train the trainer’ model that provides skills to train child care staff.
- Miller provided guidance and support for the **Community Food Challenge** held at the Waupaca County Food Bank. The Community Food Challenge is a hunger simulation that provides insight into the day-to-day realities for struggling to access healthy food. Miller helped develop the Community Food Challenge along with other state colleagues in 2014. Miller and Shelley Tidemann have offered the tool to agencies/organizations in Fond du Lac County since development. See newspaper feature: <https://www.waupacanow.com/2018/11/08/threatened-by-hunger/>
- **PEARS (Program Evaluation and Reporting System)** is a database through Kansas State University that helps streamline data collection, evaluation and reporting of FoodWise programs. FoodWise began using

the database two years ago. Staff continue to be trained on the database, which provides helpful reports and support for the Fond du Lac/Sheboygan County nutrition education program.

- FoodWise began a new partnership with “**Well-briety**”, a substance abuse counseling group through SSM. Phillips provided a lesson last fall on healthy eating. The class was well received by participants, which led to the counselor requesting another class scheduled in December.
- Tina Kohlman conducted a **Beef Quality Assurance (BQA) Training** at Equity in Lomira, for 66 individuals. Farmers shipping beef or dairy beef animals must be BQA certified for animals to be purchased by two of the main meat processors starting 2019. Certification is good for three years.

Stronger Economies

- Skilled dairy workers are key to the sustainability of the dairy industry. Kohlman is serving as the project leader for the **2019 Dairy Workers Skills Training Modules Revisions**, guiding 18 individuals on updating and revising seven bilingual modules. The modules were originally developed in 2005, with many of them being piloted and used in Fond du Lac County.
- Diana Hammer attended the **Northeast WI Supplier Diversity Symposium** in Appleton to learn from Milwaukee, Chicago, and Green Bay area experts in industry and supplier contracting. Learning how to fulfill government and corporate contracts opens many doors for minority-, women-, and veteran-owned businesses to find new customers and expand their markets.
- Hammer presented “[People of Color-owned Businesses: An economic imperative for all](#)” with Tracey Robertson, Executive Director of Fit Oshkosh, as part of Start Up Week Wisconsin – Appleton. Eight people attended and learned about what we know about the impact of minority-owned businesses nationally, the lack of data on the impact in WI, and the resources that are available for entrepreneurs getting started.
- Hiram’s Auto Repair, owned by Rosi & Hiram Rabadán Torres, received the [Entrepreneur of the Year Award from Imagination Network](#). Diana nominated Rosi & Hiram for their persistence in maintaining and growing their business in spite of a devastating fire a few years ago. They are also community leaders who lead through example, co-founding Latinos Unidos en FDL with Araceli Oswald three years ago and maintaining an active and motivational role with the group.
- Five **Forward Services** clients have attended the Success Series classes taught by Shelley Tidemann. Class topics are Budgeting, Communications, Time Management Skills and Stress Reduction skill development.
- Tidemann worked with Fond du Lac School District K-4 director to provide **Dollars for Development Financial Literacy** programming to 15 families attending K-4 event night.
- **Money Smart Head Start newsletter** project continues. The program has expanded to include 120 families of 3 years olds, as well as the 85 4K families from last year who are getting the 2nd edition of the newsletter. There are also 30 families receiving the newsletter in Spanish.
- Tidemann continues to work with the **State Rent Smart** workgroup engaged with the new curriculum. Ohio State University and Colorado State University have inquired with Tidemann on using the

state curriculum as well as Taycheedah Correctional has contacted Tidemann regarding teaching Rent Smart at the Institution for inmates being released. The 2019 Rent Smart programming year is all scheduled. Ten individuals received Rent Smart certificates in November through attending two classes taught by Tidemann.

- Tidemann continues to work with the **Money Smart Week** Committee, preparing for the Kids Read event and other youth programming the week of March 30 – April 6, 2019.
- Tidemann taught 10 individuals **basic spending plan development** for personal use at Hierl Agency.
- Tidemann conducted **Colors Training** for 18 individuals in the Agriculture Education program at Lakeshore Technical College.
- Tidemann and Waushara Co. FLE have applied and been accepted to present a **Poster Session** at the UWEX All Staff State meeting in December. The Poster presentation is on the Dollars During Development program progress with the CFPB in Washington DC, National Money Smart Week, as well as use throughout the state of Wisconsin.
- Tidemann has been contacted to teach **spending plan development** for personal use for Mahala's Hope, Heather Meadows after the first of the year.

Resilient & Productive Environment

- Kohlman met with county emergency management director Bobbi Hicken and a team from NOAA who are conducting a **Rural Weather Information Project** on how do our rural and/or low-income households receive emergency weather information. UW-Extension will be providing resources to determine areas to conduct the survey to help develop a larger number to participate.
- Kohlman met with the **Fond du Lac County Soil Health Group**. The purpose of this farmer-led group is to foster and educate individuals on soil health practices. The group intends to provide a larger one-day meeting in the spring with on-farm tours late spring/early summer.
- Roughly 60 residents in the Town of Empire attended an educational program to learn the [results of their water sampling](#) and ask questions of Dr. Paul McGinley, acting director of the Center for Watershed Science and Education at UW-Stevens Point. Township-wide results were in the expected range, with a few location-specific problems identified for individual well users.
- Friendship area families participated in a **well water sampling program** in partnership with the Town of Friendship and the School District of North Fond du Lac. 65 samples were taken, and results were far better than normal with only 4 bacteria positive and 3 higher nitrates results. Hammer taught an educational session in collaboration with Kohlman, Land and Water Conservation, Code Enforcement, and the Health Department for residents to learn more and ask questions.

Thriving Youth, Families & Communities

- Kohlman developed and presented “**Animals versus People: How Are We Alike?**” presentation to Roberts Elementary Girl Scout Troop. The purpose of the presentation was to share how animals have six freedoms which are similar to humans.
- Kohlman has been working with the county Dairy Project Committee and Market Livestock Committee in making **revisions, edits, changes, and suggestions to the county fair premium book**.
- Nineteen 4-H clubs and three groups submitted their **annual charters** that summarize their accomplishments for the past year and plans for the new year. They also include a financial report. All charters were reviewed and then submitted to the state 4-H office.
- Volunteers are essential partners in the 4-H youth development program. Forty-three 4-H volunteers were recognized at the **annual leader banquet** for 5, 10, 15 ... up to 45 years of service. Special recognition went to five volunteers for their leadership and support of 4-H. Eden Meat Market was also recognized with the Fond du Lac County Friend of 4-H award.
- The **4-H Leader Association Executive Board** has the responsibility to provide leadership for the association of 200+ registered volunteers, to recommend on policy issues, keep financial and charter records, and create a vision of enhancing youth development. Elections were held with six adults and three youth serving on the board.
- Amy Mangan-Fischer co-facilitated the annual **club officer workshop** with four youth Teen Leaders Association members. New officers learned ways that they can make their meetings more engaging, reflected on what they’d like to change in their club, and received some resources to help them be successful in their roles.
- Mangan-Fischer taught the **Volunteers in Preparation** session to 13 new 4-H volunteers. This required orientation helps volunteers understand their roles and responsibilities and what resources are available to them.
- Six youth and two adults from Fond du Lac County 4-H participated in **Fall Forum**, a statewide 4-H workshop, held November 6-8 in Wisconsin Dells. It focused on developing youth and adult partnerships. A teen leader from Fond du Lac County 4-H helped plan the conference.
- The **4-H Family Learning Day** committee met to plan for the annual event held February 23rd. They discussed presenters, topics, costs, and promotion. This event is an opportunity for youth and adults to have fun and try something new. Sessions include opportunities to experiment with new art techniques, learn about starting your own business with Lemonade Day, make a wooden bird house, and more. The entire community is invited to this fun, educational event.
- Hammer designed and facilitated a **strategic planning session** with leaders of Hope Lutheran Church in Fond du Lac. About 25 members used an internal survey and area demographics to identify the most important issues for their church and prioritize two that they want to work on in the next year.

- Hammer met with leaders of **Girls on the Run** in Fond du Lac to begin designing a planning process for their board and stakeholders in early 2019.
- [Pastor Arletta Allen joined Hammer and Bob Hoffmaster of KFIZ radio for a segment about race](#) (20 min). She moved to Fond du Lac with her family at age 10 and experienced overt racism as a girl and as an adult working in the community. In spite of this, she has overcome hardships and is now a motivating mentor to others through her fledging business, and as a mom, religious leader, and soon-to-be graduate of Marian University.
- **Co-Parenting court mandated classes** for 22 divorcing and paternity parents were co-taught by Tidemann in November. Thirty children were involved with these 22 parents.
- **Just in Time Parenting age paced newsletter** partnership continues. Tidemann continues to serve on the National Just In Time Review Board to assist with the national use of the age paced newsletter. Tidemann reported out survey findings to the Kiwanis Clubs Tidemann has visited in November. Fond du Lac County has been approached to be a pilot site for podcast education using the pre-natal issues of Just In Time with FDL County Jail Inmates and the Maternal Child Health program. This is in discussion stages.
- Tidemann continues to serve on the **Waupun Rural Senior Grant** workgroup. This grant was given to three communities in Wisconsin through the UW School of Nursing. Survey data has been collected and the workgroup has been working to narrow down the approach to the needs in the data. Transportation issues are the highest need.
- Tidemann serves on the **CSI Trauma Informed Care** workgroup addressing trauma and adverse childhood experiences in children/families in Fond du Lac County.
- Tidemann has met with Fond du Lac County **Big Brothers Big Sisters** program director to initiate potential programming to support the Bigs/Little matches, as well as programming for the “Littles” parents. More will be decided at the beginning of 2019.



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