
*We teach, learn, lead and serve, connecting people with the University of Wisconsin,
and engaging with them in transforming lives and communities.*

Food Safety, Food Security & Health

- Pamela Nelson taught at Riverview Apartments about **smart shopping for fruits and vegetables**. The class covered buying fruits and vegetables “in season,” considering canned and frozen, trying store brands, and shopping with a list. We also looked through grocery store ads for deals on fruits and vegetables to see how many fruits and vegetables we could buy for \$8.00. When asked if “I will fill half my plate with fruit and vegetables” 100 % of participants responded “I am going to try doing this or I’ll do this more often.”

Thriving Youth, Families, Organizations & Communities

- Diana Hammer collaborated with Bob Hoffmaster of KFIZ radio for two **interviews about race**. The [first](#) (25 minutes) featured Theisen Middle School principal Brad Nerat and three students who participated in the Student Equity Leadership Team this past school year. The [second](#) (21 minutes) featured Vicente Lezama Morales who immigrated to Fond du Lac from Mexico at age nine and is now a hair stylist here. The students and Vicente shared how race impacts their lives, and Vicente uses his experiences to consciously help people feel comfortable in new places and work for more equality. This segment will continue the 4th Wednesday of every month in 2018.
- Hammer designed the process and facilitated the retreat of the **District Equity Leadership Team of the Fond du Lac School District**. Group members said the retreat increased their understanding of their roles in the group, how the group fits into the school system, and ways to communicate about decision-making processes. Additionally, they felt more confidence to participate fully in the group. One participant noted that they appreciated Hammer’s “*patience and ability to piece together everyone’s thoughts in a way that was productive and meaningful. She also offered relevant personal stories that resonated with what we were talking about. Extremely helpful and real!*”
- Joe Giron met several times with Latinos Unidos leaders as they plan the **Independence Day Celebration** in September. Individuals are learning how to use their skills in service to the group, communicate with each other across different work schedules and interests, take all opinions into account, and plan step-by-step for the big event.
- Giron and Hammer staffed a tent at [Juneteenth](#) on Saturday, June 16, offering children an opportunity to learn business skills while making a piece of bead jewelry and inviting adults to work with us on their business planning. At least 40 contacts were made with African-American and white participants at the event.
- Giron, Hammer, and Cindy Sarkady presented to 12 members of [Ebony Vision](#) about what UW-Extension does in the state and locally, and how their members can learn business development, financial literacy, parenting, nutrition, and gardening.

- Eleven 4-H members and five adults (registered volunteers and parents) volunteered at [June Dairy Days](#), hosted at the National Exchange Bank in downtown Fond du Lac. They handed out milk chugs, Go-Gurt, and cheese samples. June Dairy Days is the Fond du Lac County kick-off for June Dairy Month. It includes a free petting zoo, games for children to play, face painting, pony rides, and free samples of different dairy products produced or sold in the area.
- **4-H Camp** annually offers youth ages 9 to 15 the opportunity to explore the outdoors, interact with new people, build self-confidence, or try out new experiences, such as canoeing. The four-day camp included swimming, sports, games, crafts, campfire, talent show, and healthy meals for 10 Boys & Girls Club members, 10 community youth, and 44 4-H members. The program is planned and led by nine teen counselors who apply, are interviewed and participate in training. Twelve adult volunteers advise the group and provide oversight.
- Five 4-H members participated in the [2018 Wisconsin 4-H Youth Conference](#) in Madison. This four day, state-wide event included service-learning experiences; aquatic, science and project seminars; fun activities, such as Madison tours, music, etc. to allow delegates to make new friends across the state. The conference inspired and encouraged every delegate to become leaders in their own community, to volunteer, to be kind, and to make a difference in their own future. 550 youth from across Wisconsin attended. In addition, a teen from Fond du Lac County serves on the state youth leader council who had leadership roles at the event. Three youth had art exhibited at this state event.
- A Ledgers 4-H member represented 4-H at the [National Flag Day ceremony](#) held at the KC Hall. He presented the 4-H flag and led the 4-H pledge. This community event honors our national flag and those who serve our country.
- The 2018 4-H **Foods Revue** was held on June 4. This year's theme was "Marshmallow Madness." Eighteen 4-H members participated in this event. The judge spent time with everyone talking about their recipes, techniques and inspiration and sharing knowledge through cooking tips and encouraged them to come back next year. The audience was able to admire the creativity of each table set up and taste their food. There was also a food photography contest, which encouraged youth to be creative with their food in a different way. In addition, new this year, was a fruit and nut identification contest, sponsored by Festival Foods. Participants tried their hand at identifying fruits and nuts that are not necessarily native to the area.
- Fifteen 4-H members from Fond du Lac and Winnebago Counties participated in the **2018 Bi-County Fashion Revue**. Fond du Lac County hosted the event where youth showcased their sewing and knitting projects. Participants were graded on their garment's creativity and overall appearance on the model. Youth received advice from the judge on how to improve their projects for next year and gain confidence as they described and modeled their creations.
- Pam Bartoli led **orientation for [county fair](#) superintendents** on June 26, and Sarkady will lead **orientation for judges**. The emphasis is on understanding their roles, relating to youth exhibitors, and providing positive educational experiences. The county fair (July 18-22) offers an opportunity for members to publicly display the projects they have created, grown or worked on over several months. Through the face-to face judging process youth describe what they have done and learned. This process develops communication skills and builds self-confidence.
- Three chaperones and twelve 4-H members completed the **New Horizons service learning leadership experience**. It began last fall with youth applying and interviewing. The youth decide where to travel to and make the arrangements for service projects, educational sightseeing, lodging, and connecting with other youth groups. This year the youth traveled to San Antonio to volunteer at the Ronald McDonald House, the San Antonio Food Bank, and for the Hunger Fund. Visits to Natural Bridges Caverns, the Witte Museum, and a Riverwalk tour were included.

- Tina Kohlman co-developed with UW-Extension Oconto County Agriculture Agent Sarah Mills-Lloyd and is in the process of piloting a "**Livestock Emergency Response Guide**" for county fairs. 4-H Volunteer and Barn Superintendent Pam Bartolli shared the draft guide at a recent fair superintendent meeting soliciting input, with a final draft to be available in each barn at the county fair.
- **Co-Parenting court mandated classes** for 24 divorcing parents were taught by Shelley Tidemann in May. Thirty children were involved with these 24 parents. Tidemann will be working with Family Courts to review/update the Co-Parenting presentations in July.
- [Just in Time Parenting age-paced newsletter](#) partnership continues. Tidemann has reached out to the Bethany adoption agency to investigate adding adoptive parents to the Just in Time parent education effort. The agency has agreed to offer the newsletter opportunity to their parents.
- Tidemann will complete the 5 week series of **Protective Factors Framework** training in July. This training for professionals is provided by the Child Abuse and Neglect Prevention Board and the National Alliance of Children's Trust Prevention Funds. Strengthening Families: Five Protective Factors is a research-based framework to guide services and support for families who live in our communities. Training has content for everyday actions that research shows to be effective in strengthening families, especially those who have experienced toxic stress, trauma, and challenging life situations.
- Tidemann serves on the [CSI](#) **Trauma Informed Care** workgroup addressing trauma and adverse childhood experiences in children/families in Fond du Lac County.
- Tidemann has been contacted by Lakeshore Technical College-Ag Division to provide [Real Colors](#) training for the Ag Marketing and Sales class in the Fall.

Stronger Economies

- Giron and Hammer hosted a meeting with Danielle Vollendorf of the Fond du Lac County Health Department to teach eight Latino entrepreneurs the **rules for temporary food stands**.
- Giron met one-on-one with more than 20 **Latino entrepreneurs** to learn their needs and their interests, connecting them with both Latinos Unidos and IGNITE! Business Success.
- About 140 people visited the Michels family farm in Lomira on the evening of June 20th to attend the 2018 Dodge and Fond du Lac Counties [Forage Council Twilight meeting](#). The event was hosted by both Forage Councils and the Midwest Forage Association in cooperation with UW-Extension and numerous area agribusinesses. Attendees learned from UW-Extension speakers: Dr. Jennifer Van Os spoke to the group about Animal Welfare, Dr. Loretta Ortiz-Ribbing explained about the Cover Crop Incentive Program, and Connor Schultz shared results from the cropland rental rate survey. The Michels family farm has 375 milking cows and 550 acres.
- As part of her producer led watershed efforts, Dr. Ortiz-Ribbing attended the **Spring Field Day & Kickoff Event of Sheboygan River Progressive Farmers** group that was held on the Second Look Holsteins Farm in Eden. This farm is owned by Clint Hodorff. This was a good opportunity for Dr. Ribbing to network and meet the farmers in this group. Her goal/vision, as she works with the FDL LWCD to form a producer led group in Fond du Lac County, is for these farmer groups to work together instead of in separate circles.

- Kohlman attended several **professional development opportunities** in June to assist her in her work related to farm succession, farm management, and nutrition. The conferences included: 4-State Dairy Nutrition & Management Conference, Purina Nutrition Conference, and International Farm Transition Network Conference.
- Kohlman continues to develop resources for the **Cost of Raising Dairy Replacements: Individual versus Automated Group Feeding**, including two articles for the national Hoard's Dairyman magazine.
- Five Forward Services clients have attended the **Success Series** classes taught by Tidemann. Classes taught in June were two different sessions on communication and stress reduction.
- Tidemann taught **Rent Smart** to 35 Fond du Lac landlords at the annual training in June. Additionally Tidemann will be meeting with the Senior Center for Rent Smart in Ripon in June to discuss future programming.
- Tidemann taught at the Fond du Lac Boys and Girls Club Johnsonville site-Summer School in June to 36 2nd graders. The **Curious George Saves His Pennies** book was used and sent home with each student. Concepts of patience, self-control, and sharing were focused on. Books are being funded through the Safe and Stable Families Grant.

Resilient & Productive Environment

- Dr. Ortiz-Ribbing spent June working with farmers and her intern to plan a study to evaluate the use of cover crops in silage corn systems, interseeding covers into a corn grain and the corn silage on-farm trial, taking stand counts and collecting other primary data for the **2018 on-farm research trials**. In addition, she continues to work with the other growers who will be establishing their on-farm research trials this summer (i.e. one will start in July after wheat harvest, and one will be in late August). Currently there will be a minimum of seven on-farm trials under her DATCP grant to evaluate the best methods for successfully applying cover crops. In addition, other farmers in the group are doing some on-farm trials of their own.
- Dr. Ortiz-Ribbing is overseeing the **Cover Crops Incentive Program** for cost-sharing for any producer who has farm land in Dodge County. Fond du Lac County producers farming land in Dodge County are eligible. Dr. Ribbing leads the efforts to get farmers enrolled and is busy working with her core group of farmers to write Tip Sheets that will provide the producers with local wisdom on methods to establish covers.
- Dr. Ortiz-Ribbing presented her [What Bugs You?®](#) at the Fond du Lac Public Library on June 7. About 20 people came, learned, and discovered how to protect pollinators and beneficial insects by using an integrated approach to pest management in their home gardens and lawn.
- Dr. Jamie Patton, the Northeast Outreach Specialist for UW-Madison's Nutrient Pest Management Program, and Dr. Ortiz-Ribbing spoke at a meeting of the **Fox Lake Inland Protection & Rehabilitation District** on June 26. This meeting was attended by about 31 people, including members of the Beaver Dam and Lake Sinissippi Lake Associations. Topics discussed by both speakers addressed soil health and microbiology in relation to shoreline management and erosion prevention.

Office Update

- **4-H Program Coordinator** position – Skype interviews set for July 6; in-person interviews will be July 18.
- **Positive Youth Development Educator** position to be shared with Washington County – Job announcement to be posted on July 16.
- **Ben Giles**, new City Council member, attended our staff meeting on June 25.
- **Mike Beer**, new County Board member, will be at our July 9 staff meeting.
- Marketing - We will have a booth at the **Alto Fair** – Aug. 8-9.
- Hammer served on the **Search and Screen Committee** for the UW-Extension Community Institute Director. An offer is being made to a candidate soon.
- Hammer & Giron attended the state government **orientation for interns and supervisors** in Madison. Cooperative Extension interns and supervisors plan to host a showcase of interns' projects for the Chancellor and other administrators on August 10.
- Giron represented UW-Extension at the **Sophia Foundation conference** with a leader from Latinos Unidos. Both attended for the first time and learned servant leadership skills to share with others.
- Kohlman, Tidemann, Miller & Hammer continue to serve on the **Area 15 - Situational Analysis Workgroup**.
- Tidemann continues to work on the **Performance Management Project** for Cooperative Extension.



Joe Giron, Bilingual Latino Community Development Intern
Diana Hammer, Community, Natural Resource & Economic Development Educator
Tina Kohlmann, Dairy & Livestock Agent
Amanda Miller, FoodWise Coordinator/Family Living Educator
Pamela Nelson, FoodWise Educator
Alexis Newton, Interim 4-H Coordinator
Dr. Loretta Ortiz-Ribbing, Area Crops & Soils Agent
Patty Percy, Community Garden Coordinator
Melanie Phillips, FoodWise Educator
Cindy Sarkady, Area Extension Director
Shelley Tidemann, Family Living Educator

An EEO/AA employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title VI, Title IX and ADA requirements.