

The Planning Committee of the Annual 4-H

Family Learning Day

Invites you to be a session presenter

Saturday, **22**²⁰²⁰
February

Family Learning Day is an opportunity for 4-H members (grades K-12), leaders, parents, and the community to learn a new skill.

Please help make this day a success by volunteering to teach a session or two. If you need help with your session, invite another person to co-teach with you. The program is held at UW Fond du Lac. Sessions 2 and 3 are 90 minutes, while sessions 1 and 4 are 60 minutes. Indicate the length and time of day that fits your needs. You may repeat your session if you wish. Complete the bottom half of the sheet and return it to the UW-Extension Office, 227 Admin/Extension Bldg., 400 University Dr., Fond du Lac WI 54935, or pam.bartoli@wisc.edu before December 15. You will receive notice of the number of participants in your session approximately 2 weeks prior to the event. Fond du Lac County 4-H Adult Leaders Association will provide lunch for presenters who request it on this registration form. Questions: Contact Extension Fond du Lac County at **920-929-3170**.

Family Learning Day Session Presenter Registration

Name of Session: _____

Instructor's Name: _____ Name: _____

Address: _____ Address: _____

Phone: _____ Phone: _____

E-mail: _____ E-mail: _____

If more than two presenters, list names, addresses, and phone numbers on an additional registration form.

Rank your time preferences based upon the length of your session (1, 2, 3, 4). We will attempt to accommodate your choices for time of day:

9:00-10:00 a.m. (60 min) _____ 10:15-11:45 a.m. (90 min) _____ 12:30-2:00 p.m. (90 min) _____

2:15-3:15 p.m. (60 min) _____

How many times would you be willing to teach a session: Circle (1, 2, 3, 4)

Minimum number of participants to hold session: _____

Maximum number of participants: _____

If you want only certain ages in the session, please specify the ages: _____

Estimated cost (if any) \$ _____ per participant (Cost may not exceed \$9.00. You will need to turn in receipts for expenses in order to be reimbursed.)

Presenters need to bring all materials that participants will need in order to complete this session.

List equipment or special needs, ie. TV, DVD player, projector, screen, copies of handouts, extra time before or after session to set up/take down _____

Brief description of session to be used in brochure: _____

What life skill will you emphasize? _____ **(see page 2 of this form for ideas)**

Lunch will be provided for presenters if you request it on this form. Please indicate your interest: ____ Yes, I will be eating lunch at FLD. (____ Number of presenters). ____ No, I will not be having lunch.

Please plan your sessions so that participants remain in the session for the entire time.

Fifteen minutes are allowed between sessions.

Targeting Life Skills With 4-H

HEAD



MANAGING & THINKING
Resiliency, Keeping Records,
Wise Use of Resources,
Planning/Organizing, Goal
Setting, Service Learning,
Critical Thinking, Problem
Solving, Decision Making,
and Learning to Learn.

HANDS



GIVING & WORKING
Community Service,
Leadership, Responsible
Citizenship, Contributions
to Group Effort,
Marketable Skills,
Teamwork, and
Self-motivation.

HEART



RELATING & CARING
Nurturing Relationships,
Sharing, Empathy, Concern for
Others, Accepting Differences,
Conflict Resolution, Social
Skills, Cooperation, and
Communication.

HEALTH



LIVING & BEING
Self-esteem,
Self-responsibility, Character,
Managing Feelings,
Self-discipline, Healthy
Lifestyle Choices, Stress
Management, Disease
Prevention, and Personal
Safety

Life Skills in 4-H:

4-H youth development experiences of high quality are planned in order to develop life skills. These are abilities that people learn to help them be successful. 4-H provides opportunities to experience and practice life skills.

As you plan and lead your session(s) for Family Learning Day, you will be preparing subject matter content (how to knit, basketball skills, how to use a drill, how to decorate a cupcake, etc.) In addition, consider what life skill the young person will be experiencing. See possible options below. As part of your session, discuss with your group how they are developing this skill.

Examples:

Art project – Decision-making life skill. Decision-making is about choosing among alternatives. What types of decisions did we need to make during this session? How did you go about making your choices? What influences our choices? Where else do you need to make choices in your life? Today you practiced _____ art technique, and you also practiced decision-making.

Photography – Learning to Learn life skill. Learning to Learn is acquiring, evaluating, and using information. What new things did you learn today? What sources might you go to in order to keep developing your photography skills? What are you able to do that you couldn't do before? Today we practiced _____ skill in photography and we practiced how to learn.



Extension

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