

# Support for Caregivers

Fond du Lac County

Are you caring for an adult family member, friend or neighbor? Caregivers need support too.

## Support Options:

### See if your loved one qualifies for a Medicaid Long-Term Care Program

#### Long-term Care may pay for:

- Help with daily living tasks
- Respite care
- Safety changes in the home
- Transportation
- Adult day care
- Assisted living
- Care management
- Nursing home



#### The person you care for must:

- Need help with at least 3 daily living tasks, such as personal care, making meals, or taking medication.
- Have a diagnosed disability, health condition, or **cognitive impairment** - This means it's hard to learn new things, concentrate, or make everyday decisions

**To apply:** Call the ADRC (Aging and Disability Resource Center) at **1-888-435-7335** and ask if you qualify



## What is respite care?

When someone else watches your loved one to give you a short break. This support gives you time to refresh, relax or run errands.

## Get help to manage care:

Call the ADRC at  
1-888-435-7335



## Caring for a veteran?

The VA has a caregiver program for enrolled veterans.



**Call 1-920-929-3117** and ask for the Caregiver Coordinator.

## Some jobs offer support

Call your Human Resources department and ask about support for caregivers.

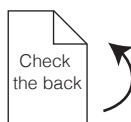
## Local Resources:

Call the ADRC to find local help near you.

Phone: **1-888-435-7335**



They can also help you find grants for your specific condition. Turn the page to learn about 3 state grant programs to help you pay for care.



**Extension**  
UNIVERSITY OF WISCONSIN-MADISON

covering  
**Wisconsin**  
Connect to Care, Engage in Health

# There are 3 state grant programs to help pay for this type of care:

- Respite care
- Adult day care
- Help with daily living tasks
- Caregiver help for stress and depression
- Other supplies or activities to support the caregiver
- Safety changes in the home

Ask the ADRC if there are grants for your specific condition.

## 1. National Family Caregiver Support Program (NFCSP)

Up to \$500 each year for services and support. The caregiver can live outside of Wisconsin.

### To qualify, you care for someone who:

- Needs help with 2 or more daily living tasks
- Or has **cognitive impairments** - hard to learn new things, concentrate, or make everyday decisions

### The person you care for is one of these:

- Aged 60+
- Has Alzheimer's or dementia
- Is a disabled adult, and you are age 55+
- Is a child under 18, and you are age 55+ and not the parent.

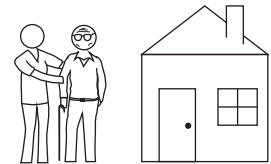
**How to apply:** Call the Fond du Lac County Senior Services at: **1-920-906-4792**

## 2. Wisconsin Alzheimer's Family and Caregiver Support Program (AFSCP)

Up to \$4,000 each year for services and support to care for an adult who has dementia or Alzheimer's.

### To qualify, you care for someone who:

- Has a medical diagnosis of some type of irreversible dementia or Alzheimer's and lives in a home setting
- Has an income of \$48,000 or less a year (loved one and spouse) after taxes. You can also subtract the costs related to care



**How to apply:** Call the Fond du Lac County Senior Services at: **1-920-906-4792**

## 3. Caregiver Respite Grant Program

For family caregivers who need respite care for their loved one and can't get other support.

### To qualify, you care for a child or adult who:

- Has applied for other grants or Long-Term Care and was denied, or won't get services for 30 days
- Needs help with 2 or more daily activities
- Or has **cognitive impairments** - hard to learn new things, concentrate, or make everyday decisions

**How to apply:** Call the Respite Care Association of Wisconsin at **1-608-222-2033**