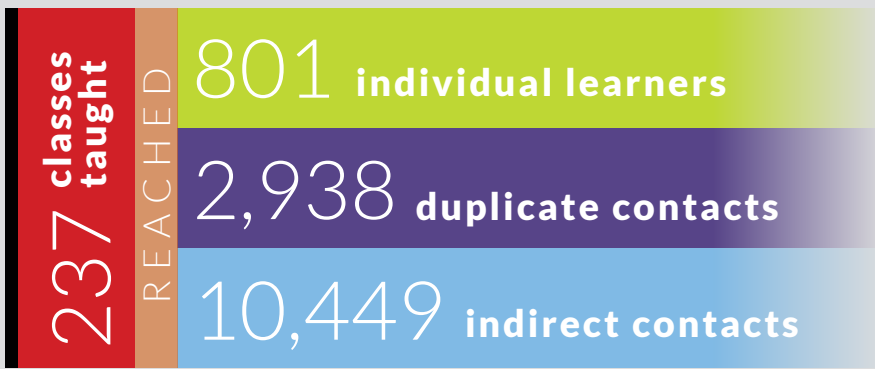
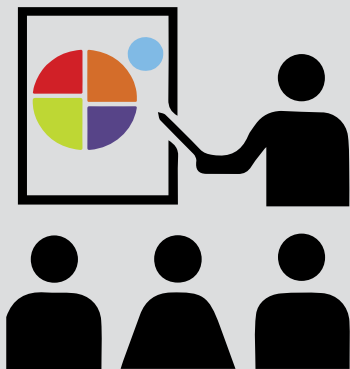
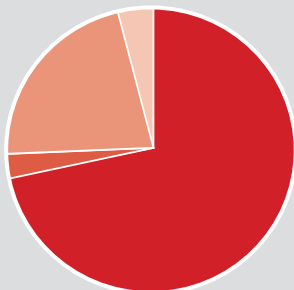


Providing premiere nutrition education in Fond du Lac County since 1971



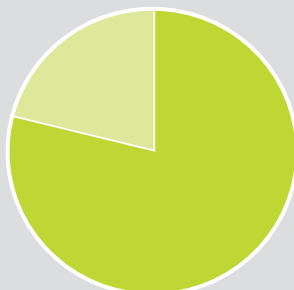
LEARNER CHARACTERISTICS

RACE



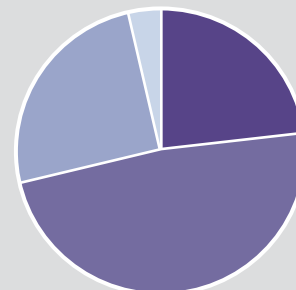
- White
- American Indian
- Black
- Asian

ETHNICITY



- Non-Hispanic
- Hispanic

AGE



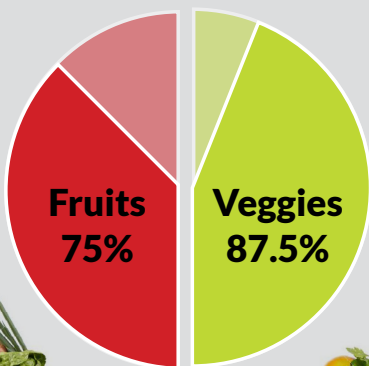
- > 5 years
- 5-17 years
- 18-59 years
- 60+ years



Growing Together WI

Amanda Miller (FoodWise Coordinator) applied and received the 'Growing Together Wisconsin' grant, which brought together FoodWise, Fond du Lac County Master Gardeners, and Salute the Troops, a local non-profit that provides financial assistance and education to veterans in need. The grant funded the **creation of a downtown/urban garden** (red and blue raised beds in the shape of a U.S. flag) that are **accessible to all veterans**, including those utilizing a wheelchair. In addition, a lot was dedicated at the Community Gardens to growing produce that was **donated to veterans in need**. Over the course of 6 workdays, 85 (duplicated) Master Gardener volunteers and veterans in the community dedicated time to building the downtown garden. Five businesses donated to the project.

Percentage of Head Start and Elementary School teachers who have observed or heard comments from their students about changes made in the variety or amount of healthy foods eaten at school or home.



Teaching Healthy Habits

FoodWise staff taught at 12 Head Start sites and 2nd and 4th graders at Chegwin, Parkside, and Riverside Elementary Schools.

“The comment heard most from parents was that students are **more willing to try new vegetables, fruits, and other types of food** at home. Some students admitted to not liking a type of food, but still trying it at snack time just in case their tastes changed. I often hear students singing the hand-washing song during bathroom breaks to **make sure they are washing long enough.**”

- Participating Teacher

Safe & Healthy Food Pantries

Amanda Miller (FoodWise Coordinator) and Bill Zeleske (farmers market vendor) partnered to create the FDL Fresh 5 farmers market donation program. The purpose of the program is “to better connect the fresh, local produce sold at the farmers market with families in Fond du Lac County that may have little to no access to it” and “to better connect customers and vendors with the issue of hunger in the local community”, while providing a simple way to address it.

“On behalf of Broken Bread (hot meal program), thank you so much for our inclusion in the market. They are of great help to our guests. **This program has been extremely beneficial.**”
- FDL Fresh 5 farmers market donation recipient.

Since its inception in early August 2017, **nearly 4,000 lbs. of produce and \$550 have been donated.** It has built a strong sense of community and connection between farmers market customers, vendors, food pantry volunteers/staff, and food pantry recipients. The program has been very well received by the food pantries, farmers market customers and vendors, and the overall community.



**FDL Fresh 5 Program
Donations since 8/2017**



Amanda Miller
FoodWise Coordinator
Health & Well Being Educator
Fond du Lac/Sheboygan



Pamela Nelson
FoodWise Educator
Fond du Lac County



Melanie Phillips
FoodWise Educator
Fond du Lac County



Janeth Orozco
FoodWise Educator
Sheboygan County

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FoodWise is funded by the USDA Supplemental Nutrition Assistance Program - SNAP. SNAP/FoodShare helps families buy the food they need for good health. Visit access.wi.gov to learn how to apply for food assistance or call 1-888-446-1239 in Fond du Lac County or 1-888-794-5556 in Sheboygan County.