4-H Summer Camp – The dates have been set!
This year’s camp will be from June 7th – June 10th at Camp Sinawa (Valders, WI). 4-H members will travel by bus from the UW-Fond du Lac parking lot to Camp Sinawa for a fun-filled experience that includes campfires, swimming, canoeing, arts & crafts, games, friends, and more! All 4-H members between the ages of 9-15 are invited to participate in this awesome experience. Additional details and registration information will be in the March Family Times newsletter.

Want to be a member of this year’s camp staff? The applications are now available on our website and are due Monday, February 4th at 4:30 p.m. Camp counselor applicants must have completed their sophomore year of high school by camp and camp food service applicants must have completed their freshman year of high school by camp. Youth that apply to be a member of the camp staff team will need to interview on February 16th or February 18th at UW-Fond du Lac. Interviews can be done through video conferencing or by phone if necessary.

Adults are also needed to make our camp happen! Camp adult applications are also available on our website. Adults do not need to interview, but all adults at camp must be 4H enrolled leaders. If you are considering participating in camp, please begin the process of becoming a registered leader today. Adults need to attend a volunteer in preparation training, complete the online mandated reporter training and pass a national background check. If you have any questions about this process, please call the UW-Extension Office.
Scholarships Offered
The Wisconsin State Fair Dairy Promotion Board is offering $1,000 scholarships to be used during the second semester of the 2019-20 school year. Third and fourth-year college students pursuing dairy-related or food science degrees at one of Wisconsin’s four-year universities are eligible to apply.

Applicants will be evaluated on involvement and leadership in dairy-related activities, scholastic achievement, and career objectives. Finalists will be interviewed in mid-April, with the recipients to be recognized at the 2019 Wisconsin State Fair.

The application is available at http://wistatefair.com/competitions/dairy-promo-board/. Application deadline is Friday, March 22. For more information, contact Katy Katzman at 262-903-6727 or katzman@idcnet.com.

Apply for a Scholarship
The Wisconsin 4-H Foundation will award more than $10,000 in scholarships to outstanding Wisconsin students pursuing higher education in 2019. To be considered for financial support, applications must be received by the Wisconsin 4-H Foundation via email by Friday, March 15, 2019, 5:00 pm.

Wisconsin 4-H Foundation scholarships are awarded to students based on demonstrated personal growth, development and leadership, academic performance and future educational goals.

To be eligible for Wisconsin 4-H Foundation scholarships, students must have been a Wisconsin 4-H member for at least one year; have a grade point average of at least 2.5 on a 4.0 scale, and be enrolled or planning to enroll at a university, college or technical school during the 2019-2020 academic school year.

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focuses on the safety aspects of operating farm equipment. To complete the course, youth must attend all four sessions and pass a written and driving exam.

The course includes classroom safety instruction for tractors and farm machinery operation, hazard recognition and correction, general farm safety knowledge, and how to approach farm safety with a positive attitude. In addition, the course is designed for youth ages 14-15 who need the federal certificate of training for employment on farms, youth ages 12-16 who will be operating tractors or self-propelled farm machinery on public roads for their own family, and youths interested in tractor and machinery safety. Youth must be the **minimum age of 12** in order to register.

Youth who drive a tractor for their parents may still do so without the formal training program as long as they do not operate the tractor on a public road.

If you intend to hire youth on your farm, make sure that they enroll in this course for your protection as well as theirs.

The cost of the course is **$35.00 per student** and is **limited to the first 25 paid participants**.

For more information or to register, contact Tina Kohlman at tina.kohlman@uwex.edu or at 920.929.3180 or register online at https://goo.gl/LmFkd1. **Registration deadline is March 1, 2019.**

### 2019 FDL County Fair T-shirt Design Contest

The Fond du Lac County Fair is having a t-shirt design contest this year. Your design should be inspired by the FDL County Fair 2019 motto “Kick It Up!” You must be 18 years or old to submit an entry. If you are under the age of 18, you may still create and submit a design, but it must be submitted on your behalf by a parent or guardian with a release form attached. If you would like more information about the contest, please go to https://fonddulac.extension.wisc.edu/events-activities/. Deadline to submit your design is March 1st.

### Latinos Unidos en Fond du Lac Youth Dance group

You may have seen our Latino youth dance group perform at Creative Arts Festival, Celebrate CommUNITY, or at the Fond du Lac County Fair. Their practices are starting up again and they will be performing at a number of events this year. At their practices, they will be learning an array of dance styles ranging from current hits to Latin folkloric dances. If you’re interested in checking it out, e-mail me at amy.manganfischer@ces.uwex.edu! They meet every Sunday from 5:00 – 6:30 p.m. at Rolling Meadows Meeting Room.

### New Horizons Trip

The 4-H members planning the New Horizons trip have decided to go Colorado at the end of July. They will be doing several fundraisers to help fund the trip. Their first fundraiser was at Culvers East in Fond du Lac on January 21st. Watch Facebook and future newsletters to learn more about ways to help support this unique travel experience.
Celebrate CommUNITY
You are invited to Fond du Lac area’s largest multicultural event. Celebrate CommUNITY will bring the community together on **Feb. 16 from 11 am – 3 pm at the Fond du Lac County Fairgrounds**. The event features family fun, entertainment, ethnic food, authentic food sampling and information booths from over 50 countries, crafts, exciting music, dance presentations, children’s activity area and much more! Celebrate your heritage and learn about others. **Children 12 and under are free** and adults are only $5.

There will be a wide variety of exhibits sponsored by different cultures, religions and organizations from within our community and beyond. Displays that individuals and or organizations create help to educate the public and may dispel stereotypes. Ethnic food sampling offered by some exhibitors tempt the palate and expand appreciation for different cuisines. A beautiful ceremonial parade of flags opens the event. Cultural entertainers perform throughout the day. Visit, ask questions of booth hosts, and learn about the people in our community. Please check [http://unitedfordiversity.org/](http://unitedfordiversity.org/) for updated, detailed information.

Taking Care of Business

4-H Specialty License Plates
The 4-H specialty license plate is now available through the Wisconsin Department of Motor Vehicles. Bearing the 4-H Clover and the message “Empowering Our Youth”, the plate offers the opportunity to show support of the 4-H program, as well as make a financial contribution. The sale of each license plate will include a monetary contribution to the Wisconsin 4-H Foundation.

Half of the proceeds from every plate sale will go back to the county where the licensed vehicle is housed, and the other half will be used for state and regional 4-H programs. Counties with license plate sales will receive a disbursement from the Foundation on a yearly basis, with a check payable to the county’s Leader’s Association. The funds may be used to support the county 4-H program under the direction of the County Educator.

Vehicles that qualify for the 4-H license plate include:
- Automobiles
- Motor homes (annual registration only)
- Motor trucks
  - 4,500, 6,000 or 8,000 pounds gross weight including dual purpose farm and dual purpose motor home
  - 12,000 pounds gross weight farm truck

Persons requesting Wisconsin 4-H license plates will pay:
- The regular registration fee for the vehicle if the current plates expire within three months or the vehicles has no plates.
- $15 issuance fee or an annual $15 personalized plate fee, if requested.
- $25 annual donation. The donation may be deductible.

4-H license plates may be personalized by paying a $15 personalized plate fee each year in addition to the $25 donation and regular annual registration fee. With each annual license plate renewal, 4-H supporters will pay the regular registration fee for non-personalized 4-H license plates and the $25 donation.

Contact the Wisconsin Department of Transportation directly or visit [www.wisconsindot.gov/Documents/formdocs/mv2969.pdf](http://www.wisconsindot.gov/Documents/formdocs/mv2969.pdf) for more information about the process to order the plate.
4-H Policies

The current Fond du Lac County 4-H policies on membership and achievement are listed below. They are also found in the enrollment booklet and on our website.

FOND DU LAC COUNTY 4-H POLICY ON MEMBERSHIP
1. Youth wishing to join Fond du Lac County 4-H must be enrolled in kindergarten (and be at least five years old by October 1, 2018) through one year after high school graduation and not to extend beyond the age of 19 as of December 31 of the enrollment year. Youth in grades K-2 enroll in the Cloverbud project.

2. Re-enrollment period is until October 31. New member enrollments will be accepted until Jan. 31, 2019. Members not enrolled by the appropriate date will not be eligible to exhibit for a premium at the 2019 Fond du Lac County Fair. However, they will be able to participate in other club and county events. Memberships must be accepted all year long.

3. Dropping a project must be done in writing by the first Friday in April. Projects may not be added after the enrollment deadline.

4. Policy on re-enrollment of non-achievement members is left to the local club.

5. It is recommended that younger members take one project only, and a maximum of five projects be taken by older members.

6. A member should satisfactorily complete all projects carried in order to be an achievement member. (See Fond du Lac County 4-H Achievement Policy)

7. Members qualify for full graduation honors upon completion of high school, though they have the option to remain in 4-H one year past high school graduation.

8. A member is to enroll in one 4-H club during the enrollment year.

FOND DU LAC COUNTY 4-H ACHIEVEMENT POLICY

Fond du Lac County 4-H strives to provide a positive experience to the youth members who join. "Achievement" within the program plays a fundamental role in order for young people to obtain the most beneficial 4-H experience.

Youth members must enroll in at least one 4-H project.

Youth members are expected to complete all 4-H projects enrolled in for the year. Youth members should be aware of the county deadline for dropping projects.

Re-enrolling members must achieve in all projects the previous 4-H year. Members who do not achieve in the previous year may have their membership role limited the next year i.e. not be able to hold a club office or be allowed to take any more than 2 projects.

Youth members must publicly exhibit (such as Alto Fair, county fair, etc.) at least one exhibit in every project enrolled in. Legitimate reasons for not exhibiting at a fair event should be corresponded with your club's General Leader so that alternate accommodations may occur - examples include club or project meetings.

Youth members must complete and submit to their 4-H club a Record Book. This Record Book should be completed to the best of the member's ability, with proper forms completed for each project enrolled in.

Cloverbuds (members in grades K - 2) should complete a Cloverbud scrapbook. Turn it in to the club general leader who will provide feedback. Cloverbuds are not eligible for any county awards.

Youth members must fulfill attendance requirements as established at the club level. Every effort should be made to be an active member of the club in order to be considered for county and state level events. If active membership is a hardship you are encouraged to communicate with club leaders.

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Upon the first year of achievement the member (including Cloverbuds) will receive a nameplate and disc. In following years, a disc is earned for each year of achievement.

Leader Association Minutes & Agendas
Leader Association meeting minutes are available on the 4-H website on the County Association/4-H Leaders Association page. You will find minutes from the full leader meetings, and from the executive board meetings, in addition to upcoming meeting dates.

What is the Discretionary Fund?
The budget of the Fond du Lac County 4-H Leaders Association includes a discretionary fund. The purpose is to aid members who may have limited financial resources to participate in 4-H programs. If you need to access funds, please contact Amy Mangan-Fischer at the UW-Extension office.

4-H Emblem Guidelines
The 4-H Name and Emblem is a highly valued mark within our country’s history. Therefore, the 4-H Clover has been granted federal protection noted by the 18USC707 on the lower right of the clover. Because of this status, there are specific guidelines for using the 4-H name and emblem. If you are a chartered 4-H entity, you have the right to use the clover emblem. There is no fee or paperwork to be completed. If your club or committee will be using the clover on printed items, contact the Extension Office for guidelines or refer to this document https://nifa.usda.gov/sites/default/files/resource/4-H%20Name%20and%20Emblem%20User%20Guide%202014.pdf (pages 10-13).

4-H Members Have Accident Policy Coverage
Each member is covered by accident insurance when participating in an approved and adult supervised group activity. It does not cover injuries sustained while skiing, tobogganing, sledding or tubing. Clubs are billed for this insurance annually. The American Income Life 4-H annual group accident policy covers individual 4-H clubs and country wide programs.

Plan Highlights:
- Includes incurred medical and surgical treatment, X-rays, hospital confinement, and ambulance expense up to the maximum amount
- Covers dental services incurred within 52 weeks of the accident
- Provides a benefit if death occurs as a result of an accident within 100 days of the accident
- Covers loss of limbs up to a set amount
  Optional volunteer leader coverage available. Clubs pay for this coverage if requested.

If a member is injured, a claim form needs to be completed. The form is available at https://www.ailife.com/SpecialRiskDivision/Claims. The form may also be accessed on the 4-H website by looking under Resources, then under Club Leadership. Additionally, the adult in charge of the event should contact Ann Kaiser at the Extension Office to get the form processed once it is filled in. Injuries should be reported promptly.

Insurance for 4-H Leaders
Fond du Lac County 4-H leaders are covered by a liability insurance policy. They are automatically covered under this policy if they are a registered 4-H leader, completed the youth protection process and are acting within the scope of their volunteer role. This policy is a secondary for personal liability coverage.
Free Course Offered for Volunteers

Attention all 4-H volunteers! UW-Extension is offering a free course on Youth Mental Health First Aid. If you are interested, please e-mail Amy Mangan-Fischer. If there is interest, we will host a training in the Fond du Lac area.

YOOUTH MENTAL HEALTH FIRST AID

64.1% of youth with major depression do not receive any mental HEALTH TREATMENT.
Mental Health America

1 in 5 teens & young adults lives with a mental HEALTH CONDITION.
National Alliance for Mental Illness

5.13% of youth report having a substance use or ALCOHOL PROBLEM.
Mental Health America

Why Youth Mental Health First Aid?
Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental illnesses and substance use disorders. This 8-hour training gives adults who work with youth the skills they need to reach out and provide initial support to adolescents (ages 12-18) who may be developing a mental health or substance use problem and help connect them to the appropriate care.

WHAT IT COVERS
• Common signs and symptoms of mental illnesses in this age group, including:
  ▪ Anxiety
  ▪ Depression
  ▪ Eating disorders
  ▪ Attention deficit hyperactivity disorder (ADHD)
• Common signs and symptoms of substance use.
• How to interact with an adolescent in crisis.
• How to connect the adolescent with help.

WHO SHOULD TAKE IT
• Teachers
• School staff
• Coaches
• Camp counselors
• Youth group leaders
• Parents
• People who work with youth

The course will teach you how to apply the ALGEE action plan:
• Assess for risk of suicide or harm
• Encourage appropriate professional help
• Listen nonjudgmentally
• Encourage self-help and other support strategies
• Give reassurance and information

If interested in hosting a Youth Mental Health First Aid training in your community, please contact Jennifer.parkmroch@ces.uwex.edu

Youth Mental Health First Aid training will be provided for Extension Staff and volunteers. This is a training recommended for colleagues who work and interact with youth 12-18 either professionally or personally. Participation will be limited to 30 colleagues.
Dairy Project Updates
Dairy Night of Learning
February 18th
7:00-8:30 pm, UW-Extension
Fond du Lac County
Details to be provided in upcoming postcard!

Livestock Project - Upcoming Events
For a listing of all events, visit: http://fyi.uwex.edu/fdlmeat/calendar-of-events/.

February 2019
23 Which One Should I Pick?, UW-Fond du Lac, Family Learning Day, 9:00 am (2 points)
25 Beginner YQCA Training, 7 pm, UW-Extension Fond du Lac County (2 points)

March 2019
4 Fond du Lac County Market Livestock Committee, 7:30 pm, Fond du Lac County Fairgrounds
9 Honor Show Chow Seminar, UW Sheboygan Fine Arts Building, 8:30 am - 11:00 am. To register, go to: https://www.eventbrite.com/e/honor-show-chow-seminar-tickets-53109144882?aff=eac2 (2 points)

April 2019
2 Fond du Lac County Market Livestock Project Orientation, UW-FdL Prairie Theater, 7:00 pm (2 points)
15 Fond du Lac County Market Lamb & Meat Goat Weigh-in, 5 pm to 7 pm, Fond du Lac County Fairgrounds
15 Swine Initial Identification Forms due to UW-Extension
16 Fond du Lac County Market Livestock Project Show Camp Grant Application found at https://goo.gl/PcPV5g due

Small Animal Project
Information on the small animal projects can be found on the 4-H website at https://fonddulac.uwex.edu/4h/projects/#small. The next countywide small animal project meeting is Wednesday, February 6th from 6:30 – 8:30 pm at UW-Fond du Lac in room AE-205/206.

Horse Calendar
A complete list of events and activities throughout the year can be found in the Horse & Pony Project Book, or on the 4-H website at https://fonddulac.uwex.edu/4h/projects/#horse.

February
4 Board of Directors, RMDB 7:00 pm
19 Project Meeting, 7:00 pm, RMDB, finalize plans for Tack Swap. Liability, Rules & Constitution forms to be signed & turned in. Style show

March
Begin Serology Candy Bar Sale
1 Tack Swap set-up at FDL Co Fairgrounds 6:00-8:00 pm  5:00 pm - PIZZA MAKING
2 Tack Swap at FDL Co Fairgrounds 9:00 am - 2:00 pm
Doors open at 7:00 am, food stand
4 Board of Directors, RMDB 7:00 pm
19 Project meeting, 7:00 pm, RMDB, Learning centers - headed up by the Youth Board (variety of educational topics)

Open riding at Fairgrounds EVERY Weds & Thursday  **MUST CLEAN UP any manure or garbage and take home
**Brandon Tanagers**

*By: Leah W.*

Each weekend throughout the month of December, the Brandon Tanager 4-H families took turns bell ringing for the Salvation Army at Brandon Meats. The holidays were celebrated with a party and gift exchange at Pizza Ranch during our general meeting.

Kylie & Megan M. bell ringing

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**Busy Bees**

*By: Harley L. & Secretary Jessica F.*

Busy Bees 4-H Held its annual holiday meeting on December 3rd. The kids wrapped presents for the Adopt-A-Family program they purchased presents for. The kids also exchanged gifts, decorated cookies, and had a snack together. The Busy Bees 4H Club helped prepare and deliver Veterans Baskets during the Holiday Season. At the January meeting, Brandi S, Jordyn S, Chase S, and Sam M shared projects they made, while Sam M talked about the Junior Holstein Convention. The Busy Bees 4-H Club also made tie blankets for Project Linus.

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**Campbellsport**

*By: Joseph K.*

Campbellsport 4-H members donated non-perishable food items to the food pantry and bought toys for the Toys for Tots program. In December, a Santa Day/Christmas Party was held where there were games and crafts. Aaron O., Caitlin O., Rebecca V., and McKenzie O. talked about their New Horizons trip experiences. McKenzie O. and Rebecca V. shared about their Youth Conference trip experiences, while Aaron O. discussed his camp experience. Katrina O and Sadie G. shared projects they took to the fair.

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**Forest Hills**

*By: Secretary Michael D.*

Before the December meeting, we tied blankets for Project Linus. The rolcall question at the meeting was “what is your favorite holiday tradition?” We went Christmas caroling at St. Francis Nursing Home. A monetary donation was given to Dylan W., a fellow classmate who was hurt in a car accident. Ice-skating and bowling are being planned for future dates.

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**Taft 23**

*By: Reporter Ebrielle T. & Secretary Nathan S.*

In November, we had our Achievement Dinner. We donated oxygen masks for pets to three local Fire Departments. There was a monetary donation given to Toms & Tails, a non-profit organization that provides handicapped children and adults a hunting experience. We also donated half of a heifer and two flocks of chicks to Heifers International. In December, our Christmas Party was at Pamela’s, and we went Toys for Tots shopping at Fleet Farm.
Weeping Willow

By: Reporters Summer R. & Brandon S.

In November, the Weeping Willow 4H club got together at the Waupun Town Hall. Some of the cloverbuds shared pictures of the pumpkins they carved for the carving contest. We handed back everybody’s record books and shared who got the Kiwanis award(s). We had a potluck before the meeting and played bingo after the meeting was over. At the December meeting, the Weeping Willow 4-H club got together to wrap presents for a family that we adopted, and afterwards we went caroling at Anchor Communities in Brandon and Tower Villa in Rosendale. The club also donated four cases of Del Monte canned cut green beans to the Brandon food pantry. Our club held their January meeting at Tony’s Pizza in Waupun. Before the meeting we all enjoyed a pizza party. For role call, members stated their favorite winter activity. The club voted to participate in the 4-H basketball tournament that will be held in March. Wayne Weber will be our coach. Our February meeting will be held at the Spectrum in Fond du Lac which will include roller skating.

Teen Leader Association (TLA)

The next TLA Meeting is scheduled for January 28th at 7:30 pm at Rolling Meadows Meeting Room. Valentine Cards will be made to distribute to residents at an area nursing home. TLA members will be volunteering at the Creative Arts Fest and Family Learning Day. Future outings being planned for TLA are a Bears hockey game, blanket making, Bowling for Kid’s Sake, roller skating, tubing at Cascade Mountain, family game night, and going to Extreme Air. Come join the fun!
Time-Sensitive Material

4-H Adult Leaders Association
Executive Board
President - Lorna Bock
Vice President - Jackie Luedtke
Secretary - Alexis Newton
Treasurer - JoAnn Maedke
Director - Paul Bleuel
Director - Deb Senn
Director - JoAnn Critchley
Youth Representatives - Makayla Stommel,
Kyle Pike, & Hanna Bryant

Teen Leaders Association
Executive Board
President - Hanna Bryant
Vice President - Kyle Pike
Secretary - Makayla Stommel
Treasurer - Alexandria Fauska
Adult Advisor - Tina Engelhardt

UW-EXTENSION STAFF
4-H Program Coordinator - Amy Mangan-Fischer
Fond du Lac/Washington Co. Positive Youth Development Extension Educator - vacant
Community Garden Coordinator - Patty Percy
Community Resource Development Educator - Diana Hammer
Fond du Lac/Dodge Area Crops & Soils Agent - vacant
Dairy & Livestock Agent - Tina Kohlman
Family Living Educator - Shelley Tidemann
FoodWise Nutrition Educator - Pamela Nelson
FoodWise Nutrition Educator - Melanie Phillips
FoodWise Coordinator & Family Living Educator - Amanda Miller
Program Assistants - Pam Bartoli, Tina Engelhardt, Ann Kaiser, and Kelly Lamb
Area Extension Director - Cindy Sarkady

Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed. Please do so as early as possible prior to the program or activity so that proper arrangements can be made. Requests are kept confidential.

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